

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Slabbaert Ann HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9				Heat:3, starttime: 14:02
Heat: 3/3 Lane : 5 Athlete: VAN DER MEEREN NORA				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+				Heat:2, starttime: 14:20
Heat: 2/5 Lane : 3 Athlete: CLAES TIEBE				Q-time: 01:41:65
PB (25m pool): 01:42.95 Liedekerke 11/11/2025		PB (50m pool): 01:41.65 SB: 01:42.95 Liedekerke 11/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:46.45		01:42.95
	00:46.45		00:56.50	
				

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+				Heat:3, starttime: 14:22
Heat: 3/5 Lane : 3 Athlete: VERHASSELT LARS				Q-time: 01:20:16
PB (25m pool): 01:20.16 LEUVEN 22/02/2026		PB (50m pool): 01:24.87 SB: 01:20.16 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:36.02		01:20.16
	00:36.02		00:44.14	
				

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 14:25
Heat: 4/5 Lane : 3 Athlete: DELCOIGNE NATHAN					Q-time: 01:14:67
PB (25m pool): 01:14.67 LEUVEN 22/02/2026					PB (50m pool): 01:15.96 SB: 01:14.67 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.95		01:14.67	
	00:33.95		00:40.72		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 14:26
Heat: 5/5 Lane : 1 Athlete: JACQUEMYNS KOBE					Q-time: 01:11:67
PB (25m pool): 01:15.50 Braine l Alleud 05/04/2026					PB (50m pool): 01:11.67 SB: 01:15.50 Braine l Alleud 05/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.80		01:15.50	
	00:34.80		00:40.70		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 14:26
Heat: 5/5 Lane : 2 Athlete: PUTTAERT ARTHUR					Q-time: 01:09:27
PB (25m pool): 01:09.27 Braine l Alleud 05/04/2026					PB (50m pool): 01:11.05 SB: 01:09.27 Braine l Alleud 05/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.71		01:09.27	
	00:31.71		00:37.56		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 14:26
Heat: 5/5 Lane : 4 Athlete: TRONCKOE KOBE					Q-time: 01:08:74
PB (25m pool): 01:08.74 Braine l Alleud 05/04/2026					PB (50m pool): 01:09.86 SB: 01:08.74 Braine l Alleud 05/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.22		01:08.74	
	00:31.22		00:37.52		
					

Coach feedback:

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Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:2, starttime: 14:36	
Heat: 2/3 Lane : 2 Athlete: VAN LAER MILLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 14:44	
Heat: 3/3 Lane : 2 Athlete: VAN DE GUCHT TIBO							Q-time: 06:49:90	
PB (25m pool): 06:51.12 Meise 02/11/2025				PB (50m pool): 06:49.90SB: 06:51.12 Meise 02/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:44.90		01:37.99		no time		03:24.59
	00:44.90		00:53.09					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:51.12
								

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+							Heat:5, starttime: 15:04	
Heat: 5/11 Lane : 5 Athlete: DE PRATER ELINE							Q-time: 01:37:97	
PB (25m pool): 01:43.10 Ternat 14/12/2025				PB (50m pool): 01:37.97SB: 01:43.10 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:49.16		01:43.10				
	00:49.16		00:53.94					
								

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:09
Heat: 7/11 Lane : 3 Athlete: DELCOIGNE ELLA					Q-time: 01:24:85
PB (25m pool): 01:25.20 Temse 17/11/2025			PB (50m pool): 01:24.85 SB: 01:25.20 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.49		01:25.20	
	00:40.49		00:44.71		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:09
Heat: 7/11 Lane : 4 Athlete: VERMOESEN ESTÉE					Q-time: 01:25:82
PB (25m pool): 01:25.82 LEUVEN 22/02/2026			PB (50m pool): 01:28.36 SB: 01:25.82 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.60		01:25.82	
	00:41.60		00:44.22		
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:12
Heat: 8/11 Lane : 4 Athlete: VANMOL PHOEBE					Q-time: 01:22:51
PB (25m pool): 01:20.34 Overijse 25/11/2023			PB (50m pool): 01:24.03 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:20.34	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:16
Heat: 10/11 Lane : 4 Athlete: NSUBUGA SOFIA					Q-time: 01:17:28
PB (25m pool): 01:07.98 Leuven 16/10/2022			PB (50m pool): 01:21.42 SB: 01:20.76 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.98	
	no time				
					

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 15:19
Heat: 11/11 Lane : 4 Athlete: WYFFELS LOUISE MARIE					Q-time: 01:14:02
PB (25m pool): 01:14.02 Ternat 29/03/2026					PB (50m pool): 01:16.12 SB: 01:14.02 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.29		01:14.02	
	00:36.29		00:37.73		
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:6, starttime: 15:27
Heat: 6/10 Lane : 1 Athlete: JACQUEMYNS LEWIS					Q-time: 00:37:88
PB (25m pool): 00:37.88 Braine l Alleud 05/04/2026					PB (50m pool): 00:41.87 SB: 00:37.88 Braine l Alleud 05/04/2026
	2 5 M	5 0 M			
PB		00:37.88			
	00:37.88				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:6, starttime: 15:27
Heat: 6/10 Lane : 3 Athlete: CLAES TIEBE					Q-time: 00:34:05
PB (25m pool): 00:35.21 Overijse 29/11/2025					PB (50m pool): 00:34.05 SB: 00:35.21 Overijse 29/11/2025
	2 5 M	5 0 M			
PB		00:35.21			
	00:35.21				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:7, starttime: 15:28
Heat: 7/10 Lane : 5 Athlete: VANDEPITTE KYAN					Q-time: 00:33:89
PB (25m pool): 00:33.89 Liedekerke 01/05/2026					PB (50m pool): 00:34.36 SB: 00:33.89 Liedekerke 01/05/2026
	2 5 M	5 0 M			
PB		00:33.89			
	00:33.89				
					

Coach feedback:

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Event number: 6: 50M FREESTYLE MEN 11+			Heat:8, starttime: 15:29
Heat: 8/10 Lane : 2 Athlete: VERHASSELT LARS			Q-time: 00:31:75
PB (25m pool): 00:31.75 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.83 SB: 00:31.75 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:31.75	
		00:31.75	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:9, starttime: 15:30
Heat: 9/10 Lane : 4 Athlete: JACQUEMYNS KOBE			Q-time: 00:29:63
PB (25m pool): 00:29.63 Braine l Alleud 05/04/2026			PB (50m pool): 00:30.88 SB: 00:29.63 Braine l Alleud 05/04/2026
	2 5 M	5 0 M	
PB		00:29.63	
		00:29.63	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:31
Heat: 10/10 Lane : 1 Athlete: DELCOIGNE NATHAN			Q-time: 00:28:26
PB (25m pool): 00:28.26 LEUVEN. 22/02/2026			PB (50m pool): 00:29.96 SB: 00:28.26 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:28.26	
		00:28.26	
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:10, starttime: 15:31
Heat: 10/10 Lane : 4 Athlete: TRONCKOE KOBE			Q-time: 00:27:06
PB (25m pool): 00:27.06 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.34 SB: 00:27.06 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:27.06	
		00:27.06	
			

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:36	
Heat: 2/3 Lane : 2 Athlete: VAN DER MEEREN NORA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:01	
Heat: 3/7 Lane : 4 Athlete: DE PRATER ELINE							Q-time: 03:05:94	
PB (25m pool): 03:05.94 Vilvoorde 01/03/2026			PB (50m pool): no time SB: 03:05.94 Vilvoorde 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.60		01:30.92		no time		03:05.94
	00:43.60		00:47.32					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:08	
Heat: 5/7 Lane : 1 Athlete: DELCOIGNE ELLA							Q-time: 02:41:27	
PB (25m pool): 02:41.27 Dilbeek 10/05/2026				PB (50m pool): 02:58.08SB: 02:41.27 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.35		01:16.35		no time		02:41.27
	00:35.35		00:41.00					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 16:08	
Heat: 5/7 Lane : 4 Athlete: VANMOL PHOEBE							Q-time: 02:38:17	
PB (25m pool): 02:35.15 Dilbeek 25/09/2022				PB (50m pool): 02:37.57 SB: 02:38.17 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:35.15
	no time							
								

Coach feedback:

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Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:11	
Heat: 6/7 Lane : 1 Athlete: VERMOESEN ESTÉE							Q-time: 02:35:32	
PB (25m pool): 02:35.32 Dilbeek 10/05/2026				PB (50m pool): 02:42.54 SB: 02:35.32 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.26		01:15.69		no time		02:35.32
	00:36.26		00:39.43					
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:14	
Heat: 7/7 Lane : 4 Athlete: NSUBUGA SOFIA							Q-time: 02:25:38	
PB (25m pool): 02:25.38 Vilvoorde 23/03/2025				PB (50m pool): 02:28.71SB: 02:40.33 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.43		01:11.99		no time		02:25.38
	00:33.43		00:38.56					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:4, starttime: 16:30	
Heat: 4/6 Lane : 3 Athlete: JACQUEMYNS LEWIS							Q-time: 03:00:43	
PB (25m pool): 03:00.43 Dilbeek 10/05/2026				PB (50m pool): 03:11.39SB: 03:00.43 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.17		01:28.33		no time		03:00.43
	00:41.17		00:47.16					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:5, starttime: 16:34	
Heat: 5/6 Lane : 3 Athlete: VANDEPITTE KYAN							Q-time: 02:39:36	
PB (25m pool): 02:39.36 Braine l Alleud 05/04/2026				PB (50m pool): 02:50.82 SB: 02:39.36 Braine l Alleud 05/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.53		01:17.89		02:00.07		02:39.36
	00:36.53		00:41.36		00:42.18		00:39.29	
								

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 9: 200M FREESTYLE MEN 11+							Heat:6, starttime: 16:38	
Heat: 6/6 Lane : 2 Athlete: VERHASSELT LARS							Q-time: 02:26:02	
PB (25m pool): 02:26.02 Vilvoorde 01/03/2026				PB (50m pool): 02:34.82SB: 02:26.02 Vilvoorde 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.66		01:11.31		no time		02:26.02
	00:33.66		00:37.65					
								

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:6, starttime: 16:38	
Heat: 6/6 Lane : 4 Athlete: JACQUEMYNS KOBE							Q-time: 02:22:56	
PB (25m pool): 02:22.56 Ternat 14/12/2025				PB (50m pool): 02:24.02SB: 02:22.56 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.79		01:08.75		no time		02:22.56
	00:32.79		00:35.96					
								

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+										Heat:3, starttime: 16:46	
Heat: 3/10 Lane : 3 Athlete: DE PRATER ELINE										Q-time: 00:38:65	
PB (25m pool): 00:38.65 Liedekerke 01/05/2026					PB (50m pool): no time SB: 00:38.65 Liedekerke 01/05/2026						
PB	2 5 M		5 0 M								
			00:38.65								
			00:38.65								
											

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:51		
Heat: 8/10 Lane : 1 Athlete: DELCOIGNE ELLA							Q-time: 00:33:14		
PB (25m pool): 00:33.14 Kapelle-op-den-Bos 19/04/2026							PB (50m pool): no time SB: 00:33.14 Kapelle-op-den-Bos 19/04/2026		
PB	2 5 M		5 0 M						
			00:33.14						
			00:33.14						
									

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:8, starttime: 16:51	
Heat: 8/10 Lane : 4 Athlete: VANMOL PHOEBE				Q-time: 00:32:23	
PB (25m pool): 00:31.76 Overijse 30/11/2024				PB (50m pool): 00:33.18 SB: 00:32.50 LEUVEN. 22/02/2026	
	2 5 M	5 0 M			
PB		00:31.76			
		00:31.76			
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:10, starttime: 16:53	
Heat: 10/10 Lane : 2 Athlete: NSUBUGA SOFIA				Q-time: 00:29:21	
PB (25m pool): 00:29.21 Wildersportcomplex 16/03/2025				PB (50m pool): 00:29.72 SB: 00:29.78 Leuven 12/10/2025	
	2 5 M	5 0 M			
PB		00:29.21			
		00:29.21			
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+				Heat:5, starttime: 17:06	
Heat: 5/8 Lane : 4 Athlete: JACQUEMYNS LEWIS				Q-time: 01:32:26	
PB (25m pool): 01:32.26 Braine l Alleud 05/04/2026				PB (50m pool): 01:39.41 SB: 01:32.26 Braine l Alleud 05/04/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.57		01:32.26	
		00:44.57		00:47.69	
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+				Heat:6, starttime: 17:09	
Heat: 6/8 Lane : 4 Athlete: VANDEPITTE KYAN				Q-time: 01:22:78	
PB (25m pool): 01:22.78 Vilvoorde 01/03/2026				PB (50m pool): 01:26.46 SB: 01:22.78 Vilvoorde 01/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.89		01:22.78	
		00:41.89		00:40.89	
					

Coach feedback:

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Event number: 12: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 17:14
Heat: 8/8 Lane : 2 Athlete: PUTTAERT ARTHUR					Q-time: 01:08:71
PB (25m pool): 01:08.71 Vilvoorde 01/03/2026					PB (50m pool): 01:13.33 SB: 01:08.71 Vilvoorde 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.01		01:08.71	
	00:33.01		00:35.70		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 17:14
Heat: 8/8 Lane : 4 Athlete: TRONCKOE KOBE					Q-time: 01:08:48
PB (25m pool): 01:08.48 Ternat 29/03/2026					PB (50m pool): 01:12.45 SB: 01:08.48 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:08.48	
	00:33.51		00:34.97		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 17:14
Heat: 8/8 Lane : 5 Athlete: DELCOIGNE NATHAN					Q-time: 01:11:28
PB (25m pool): 01:11.28 LEUVEN 22/02/2026					PB (50m pool): 01:14.45 SB: 01:11.28 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.66		01:11.28	
	00:34.66		00:36.62		
					

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 17:22
Heat: 4/5 Lane : 2 Athlete: VERMOESEN ESTÉE					Q-time: 01:23:15
PB (25m pool): 01:23.15 Zaventem 15/07/2025					PB (50m pool): 01:25.49 SB: 01:23.24 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.55		01:23.15	
	00:37.55		00:45.60		
					

Coach feedback:

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 13: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 17:24
Heat: 5/5 Lane : 5 Athlete: WYFFELS LOUISE MARIE					Q-time: 01:16:28
PB (25m pool): 01:16.28 Ternat 29/03/2026					PB (50m pool): 01:16.74 SB: 01:16.28 Ternat 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.47		01:16.28	
	00:33.47		00:42.81		
					

Coach feedback:

Event number: 14: 400M MEDLEY MEN 11+					Heat:2, starttime: 17:33			
Heat: 2/2 Lane : 1 Athlete: CLAES TIEBE					Q-time: 99:99:99			
PB (25m pool): no time					PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: